

How to Eradicate Poverty and its ill-effects from India through Spirituality

India development Coalition of America

www.pathtoanandam.org



Contents

- What is Poverty?
- Causes and Effects of Poverty?
- How do we do it?
- Why the Gita?
- **What is My Dharma?**
- Who is PTA?
- How do we help?
- Education
- Charitable projects



What is Poverty?

Deficiency of resources needed or desired

Poverty is Lack of :

- Not just lack of Resources, **Money \$** (basic needs, food, home..)
- But also lack of Education/knowledge/Spirituality
- Lack of Relationship, Love
- Lack of Contentment, Calmness, Good company
- And Lack of basic values, ethics

“Lack of health, wealth, and peace is poverty”

Poverty is Multidimensional

Causes and Effects of Poverty

India is **NOT** a Poor Country

- **CORRUPTION**: greed, ego (**Gita. 16.21, 2.62.63**)
- Lack of Dharma/ethics/basic values (Adharma)
- Injustice to others
- Unequal distribution of income/resources
- Stress, Diseases, Relationship, Health problems
- Social and global problems



When immortality and unrighteousness prevails, people become corrupt and social problem arise (Gita)

Adharma/Selfish ↔ Sick mind → sick body → Sick society → Disturbances in the world



Path to Anandam™

Way to Everlasting Happiness/Blissful Living

Vision

Every one lives happily and peacefully; enjoy their life to the fullest; spread the same to others; and **help to make this world a better place to live.**

Mission

To provide/teach easy, simple, yet practicable Anandam techniques to help live day-to-day life in abundance and also attain Eternal Happiness and Peace.



Spiritual and Non-profit Organization



How do we help?

- Bring awareness of Spirituality/Dharma
- Teach: Practice teachings of Gita (Code of ethics)
- Practice Dharma/Righteousness (G.18.78)
- **SELF** - Improvement, Self-Transformation
- Self-Healing (Meditation, Chakra balancing..)

Poverty of goods is easily cured; poverty of soul, impossible.

Michel de Montaigne

Why Bhagavad Gita?

The Gita is a Spiritual and Practical Guide to help discriminate between adharma and Dharma and how to fulfill righteously your Dharma/ Duty/Responsibility.

Code of Ethics, “Do’s and Don’ts”



What is Dharma?

- Codes of righteous living are followed (Righteousness)
- Own prescribed duty (*Svadharm*a) is fulfilled
- Ethical behavior is practiced.
- Example: Arjuna

Opposite of Dharma is adharma



Dharma and Adharma

Sharing with others is Dharma,
but **snatching** from others is adharma

Respecting others needs is Dharma
But insulting & **hurting** others is adharma,

Loving others is Dharma
but **hating** others is adharma,
Greed and using natural recourses without
concern for others is adharma



Svadharma - My Dharma

Mama-Dharma (1.01, 18.78)

Only One Dharma

**“Live happily and Peacefully yourself and
make the surroundings and environment
as such so others can live happily and
Peacefully as well.”**



Sarve bhut hite rataha

Triple Benefits of Dharma

*Wherever there is Lord Krishna, (**Righteousness/Dharma**) and wherever there is Arjuna, the supreme archer (Protector with the weapons of Duty), there will always be Everlasting **Prosperity, Victory, Glory and Sound policy**, such is My firm conviction. (G.18.78)*

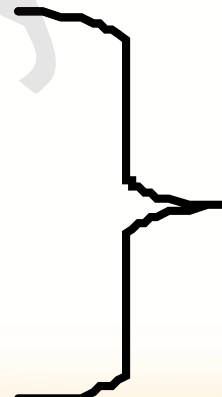
Righteousness/Dharma

(Lord Krishna)

+

Protector of Dharma with

weapon of Duty (Arjuna)



**Prosperity + Victory +
Glory + Sound Policy**



How do we do it?

1. Education:

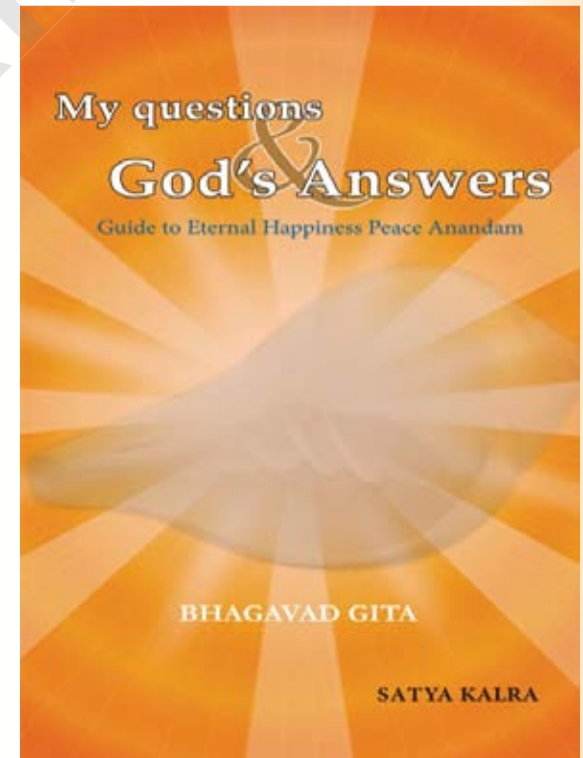
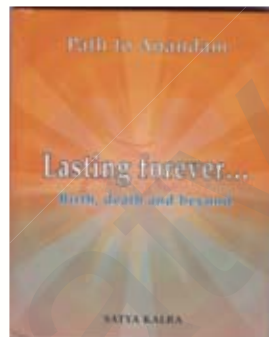
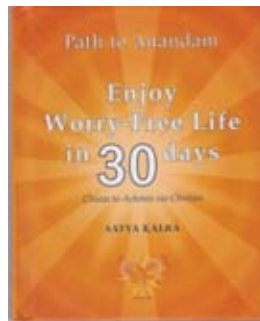
- Books focus on **SELF-Transformation (Awareness)**
- Simple & easy practicable Anandam techniques
- Seminars, Workshops, Training
- Counseling, Practices & Meditation

2. Charitable projects (Helping, Sharing)

Path to Anandam Books

All the proceeds are donated to service projects

- **My Questions and God's Answers:**
- **Lasting Forever- Birth, Death and Beyond**
- **Enjoy Worry-Free Life in 30-Days**
- **Prosperity Forever**



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satya@pathtoanandam.org

Charitable Projects

Awareness of Dharma: Focus on youth

- Universities: UC Berkeley...
- Programs in schools: Jaipur, Hyderabad
- Rishikumars in Parmarth, Rishikesh

Women Empowerment and protect young girls:

- Divine Shakti Foundation



How do we do it?

Bringing the Awareness of Divinity & Dharma



Rishikumars in Parmarth Niketan Ashram





Rishikumars

Parmarth Niketan Ashram, Rishikesh

- **Origin:** India, Nepal, single or double parents
- **Education:** Full GOV'T OF INDIA, Spiritual, Vedic , Yoga, Meditation, Karmakand, Computers, etc.
- **Career:** Continue edu. Spiritual & Yoga teachers, Priests, Business, IT field, Engineering, Service sector etc. (high values)

“Give them wings and let them go & serve”

Divine Shakti Foundation

Women Spiritual Empowerment

Goal and Objectives:

1. Women, Girls, Children and Elderly
2. Health care
3. Education and training:
 - Business
 - Personal
 - Motivational
4. Mother Ganga and Gita



Pujya Swami Chidanandji



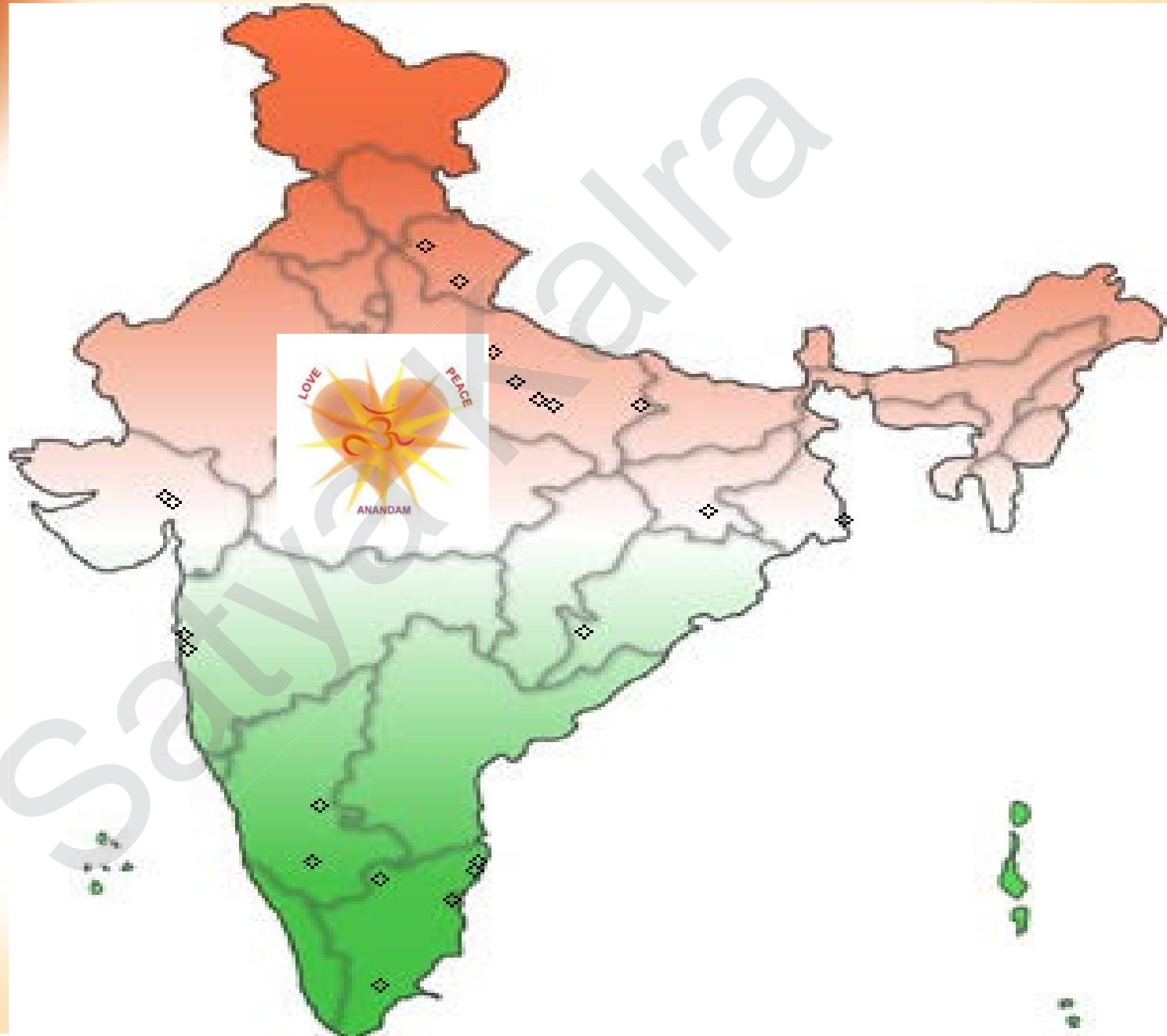
Conferences in 2012

- 1. First Parliament of Spirituality (5000 delegates):
Dec. 15 - 21 2012, Hyderabad**
- 2. Spiritual Empowerment of Women in Present
Era: Dec. 21 -23 2012 (400) Hyd.**
- 3. Inauguration of Divine Shakti (Rishikesh):
March 8, 2011**





Prosperous India through Dharma & Spirituality





Thank You

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