

Women's Spiritual Empowerment

5th international Conf. on Spiritual Science
(Pre-Parliament. of 1st Parliament on Spirituality)

www.pathtoanandam.org

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What is Women's Spirituality?

“Awakening women's Consciousness/hidden divine shakti within is called Women's Spirituality.”

- Spirituality is all about wellbeing and wholeness .
- Women's Spirituality is a bridge between her body and Goddess within.
- Spirituality connects the Consciousness/Inner-self with the emotional, intellectual, and physical self. **Connection of BMS)**
- That Connection leads to **Women's Spiritual Empowerment**

**Spirituality is a path to awaken
the Goddess and Divine Qualities within.”**



What is Women's Spiritual Empowerment?

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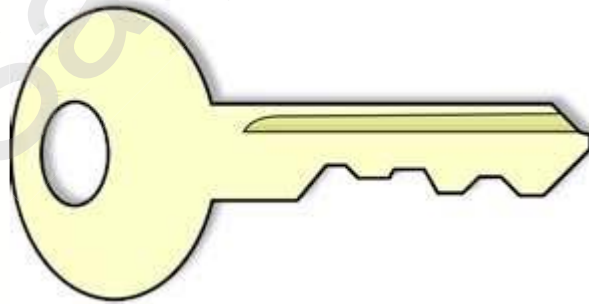
- Self-Awareness (Who is she?)
- Self-Esteem, Self-Confidence
- Self-Value, Self -Empowerment,
- Break the chains of old believe system
- Freedom to think new ways
- Eternal Happiness and Peace
- Reach **UNLIMITRD POTENTIAL**



What is Women's Spiritual Empowerment and Why?

“Awakening women's Consciousness/hidden Divine Shakti within is called Women's Spirituality.”

Spiritual Empowerment is the KEY to freedom and raising the status of women in the society.



Today's Women's Problems and Causes

“Social and personal hurdles and circumstances”

- **Suppression (Satya)**
- **Culture (traditional parenting)**
- **Education (focus on degrees vs. values)**
- **Too many Responsibilities**
- **Disconnection....**

***But during all this I had forgotten myself,
“Who was I?”***

Today's Women's Problems and Causes

- Low self-esteem (culture, society)
- Not balancing her life (**struggle family/carrier**)
- Maintaining Relationships
- Single mothers
- She has forgotten her strengths
- Not knowing what to do (retire)...
- Poor me...



Woman forgets and unable to realize her true self, "Who was I?"

Global Problem 50%/7B

Global issue-Many are suffering in some form..



What is the Solution? HOW?

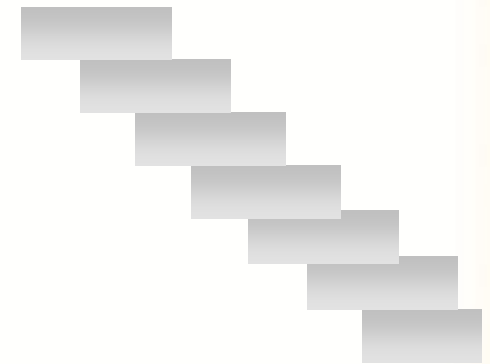
- How to attain Spiritual Empowerment?
- How to realize Divinity within?
- How to awakened the consciousness?
- How to connect within?
- How to become ONE with many
and many with ONE?
- How to experience Oneness?



Solution:

The Bhagavad Gita

“Gita is a Step by Step Spiritual Guide for self-awareness, self-transformation and Self-Realization”



Love Peace Anandam

Arjuna lost his heroism-Disconnected



Arjuna , casting aside his bow and arrow, sat down with his mind overwhelmed with sorrow. (Gita. 1.47)

How to attain Spiritual Empowerment?

Awareness, Support, Action

- Childhood parenting
- Awareness and Support:
 - Family & friends
 - Society
 - Government
- Education, Motivation
- Personal & Spiritual Growth
- Self-Awareness by women



Solution:

Women's Spiritual Empowerment Action Plan

Self-Awareness & Self-Transformation:

Triple AAA Approach:

- Self-Awareness
- Self-Analysis (What is disconnected/Diagnosis?)
- Self-Action

*But it has to be in a nurturing, constructive
and peaceful environment.*

Solution: Self-Awareness

First, Woman Needs to Realize

Who is she?

What are her core strengths?



Who is Woman?

Wo: Wisdom of
Man: Mankind

Woman is the *Wisdom of Mankind*



Her Core Strengths?

Divine/Feminine Virtues (Gita.10.34):

- Loving (mother: chosen by God)
- Caring (nurses)
- Giving, Forgiving, Helping
- Emotional support provider
- Courage: Warriors (Jhansi Ki Rani)
- Courage: Leaders, CEOs



Chosen by God/uterus, carrying babies, feeding milk from her body ...

How Women Practice Her Divinity?

Fulfilling responsibilities in her daily lives though :

- Relationship
- Taking care of the family
- Loving, Sharing, Helping
- Fulfilling her responsibilities
- Service, Faith, Honesty, Kindness

But what kept me going was my faith, value system, serving others,I was practicing the spirituality though my daily life.



Oprah Winfrey

Women Leaders-Mentors

Power and Grace



My Mother



Service & Love



Hillary Clinton

Louise Hay



CEO

Fathma Muzaffer



Sushma swaraj



Warrior



Golda Meir (



Margaret Thatcher



Women Leaders and Mentors

Power and Grace

**“If they can do it, I can do it too
and so many more...”**



Benefits

“Reclaim Divine Shakti within”

- Break the chains of old believe system
- Self-Awareness (Who is she?)
- Self-Esteem, Self-Confidence
- Self-Value, Self -Empowerment,
- Freedom to think new ways
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Benefits of Women's Spiritual Empowerment

- Girls are NOT sold just for misuse of body, remain housewife by choice not by force.
- Baby girls are not killed
- More Managers with love and affection, empathy...
- Can you imagine, if the divine energy of all the women is awakened then how this world be...

World Becomes a Better Place to Live

*Women Empowerment Creates
Global Empowerment ”*



Benefits...

**Self → Self-Awareness → Self-Esteem →
Self-Confidence/Self-Value → Self -Empowerment
→ Freedom to think → *Financial \$, Personal , Social
& Spiritual Growth* → *Oneness of Head, Heart
& Hand* → Love, Peace Anandam → Help others...**

But first generate the Spiritual Empowerment within



Path to Anandam

Self-Awareness & Transformation

“PTA helps and create, nurturing, constructive and peaceful environment & opportunities for women to awaken the essence of well being—beyond the limitations and tradition”

WE offers Self-Awareness & Transformation Training:

- Education & Motivation
- Self-Healing,
- Self-Awareness
- Self-Affirmation
- Meditation



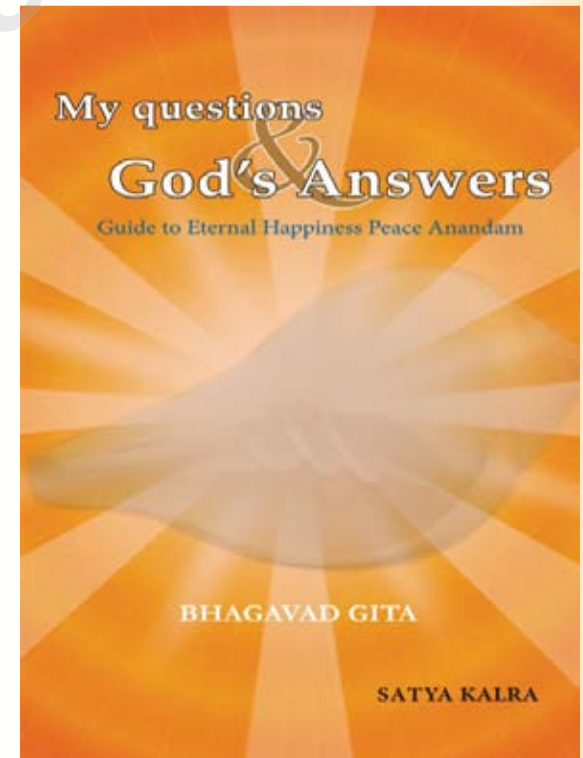
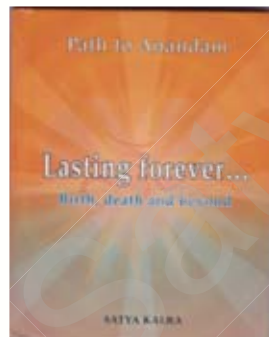
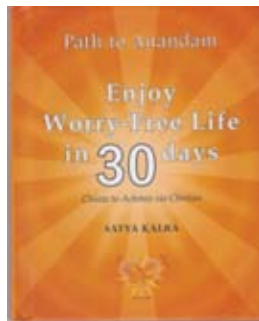
Awaken Divine Shakti & the Goddess Within!”



Path to Anandam Books

100% proceeds are donated to service projects

- **My Questions and God's Answers:**
- **Lasting Forever-** Birth, Death and Beyond
- **Enjoy Worry-Free Life in 30-Days**
- **Prosperity Forever**



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Projects



Divine Shakti Foundation

Spiritually Empowered Woman

The spiritually empowered woman, she is enriched with inner strength and self-esteem.

*As she has rediscovered herself through awakening her consciousness,
she knows how to move through the world with power and grace.*

She knows her worth and her divine qualities, she is the planet of faith.

She knows how much to give and how much to take by choice NOT by force.

As her life is her own creation, she lives with self-confidence and self-initiation.

She has power to speak the truth with courage and strength.

She knows now she is the wisdom of mankind and powerhouse to enrich the world.

*She, like a Universal Mother, is chosen by God to bring forth new life
because she is loving, caring and sharing.*

*As she has realized the Divine Power within,
she lives by choices Not by chances.*

*The spiritually empowered woman is no longer a poor woman,
she is full of Love, Peace and Anandam and ready to share with the world.*



1st World Parliament of Spirituality & Women Spiritual Empowerment

Dec. 15-21 and 22-24, 2012

Come and join us, learn how to connect to your inner power, be part of the World United and meet others who have similar goals.



<http://www.wpsconnect.org>

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Thank You

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